



# EVER WONDER WHAT YOUR CHILD IS EATING AT LUNCH?


Do you ask them every day only to hear, "I can't remember."



Freshly prepared  
Chicken Pie



Wednesday  
'Roast of the Day'



Delicious  
Meat Balls in  
Tomato Sauce

We are here to put your mind at rest. Your school is catered for by abm catering - 'Grow' our established healthy and nutritious brand.

Our well-balanced meals not only meet Government Food Standards for School meals, but are carefully put together by our in-house nutritionists to ensure your child is receiving a healthy, nutritionally balanced and freshly prepared lunch. We only use red tractor farm assured meats, lion stamped free-range eggs, MSC fish and locally supplied fresh ingredients.

Don't forget, all Reception, Year 1 and Year 2 are entitled to a **FREE SCHOOL MEAL**. Take advantage of this amazing opportunity and your child will receive a well balanced hot or cold meal every lunch.



**Grow**  
FUEL FOR YOUNG MIND