



Yorkswood Primary School, Kingshurst Way, Kingshurst, Birmingham, B37 6DF

Telephone: 0121 468 4351 E-mail: enquiries@yorkswoodprimary.co.uk

Headteacher: Mr R Lawrence

Working Together on PSHE and Relationships, Sex and Health Education (RSHE)

Dear Parents and Carers,

At **Yorkswood Primary**, we believe that children achieve their very best when home and school work together. As parents and carers, you are your child's first and most important educators, and we value the trust you place in us to support their learning and development.

As part of our regular review of our Personal, Social, Health and Economic (PSHE) education and our Relationships, Sex and Health Education (RSHE) curriculum, we are inviting you to share your views.

These subjects help children develop the knowledge, understanding and confidence they need to build positive relationships, keep themselves safe, look after their physical and mental wellbeing, and prepare for the opportunities and challenges they will encounter as they grow up.

Exciting News: Introducing 'myHappymind' this September!

To strengthen this work, we are thrilled to be implementing a brand-new, **NHS-backed** PSHE curriculum this September called **myHappymind**.

This is a simple, grounded programme designed to transform the way children understand themselves. It focuses on three main areas:

- **PSHE & Wellbeing:** Building self-esteem, resilience and a positive mindset.
- **Behaviour:** Helping children understand how their brains work so they can celebrate their strengths and learn how to manage big emotions.
- **Relationships:** Teaching children how to appreciate others and build healthy, happy friendships.

We believe this programme will give our children a wonderful, basic foundation to better understand their own minds and bodies.

Understanding the Curriculum Framework

Much of what schools teach in Relationships Education and Health Education is required by law. This means that all primary schools must deliver certain aspects of the curriculum.

Within that statutory framework, however, schools have flexibility in how the curriculum is organised, the resources we use, and how we work with families to ensure learning is appropriate, sensitive and reflects our values as a school community.



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Your feedback will help us evaluate how effectively we communicate with families and consider whether there are ways we can strengthen the partnership between home and school. While we may not always be able to make changes where the curriculum is prescribed by law, we are committed to listening carefully to your views and taking them into account as we continue to develop our provision.

Next Steps and How to Have Your Say

Alongside this letter, you will find:

- Our [parent consultation survey](#)
- Our [RSHE Policy](#)
- A [short summary](#) explaining which elements of the curriculum are statutory (required by law) and which are determined by the school.

Please Note: We would be grateful if you could complete the survey by **1st September 2026**. Your responses will be reviewed carefully by school leadership and the governing body to ensure our provision best supports our pupils.

Thank you for taking the time to contribute to this important consultation. We greatly value your support and look forward to continuing to work together to provide every child at **Yorkswood Primary** with an education that is ambitious, inclusive and rooted in kindness, respect and responsibility.

Yours sincerely,

Mr Lawrence

Headteacher